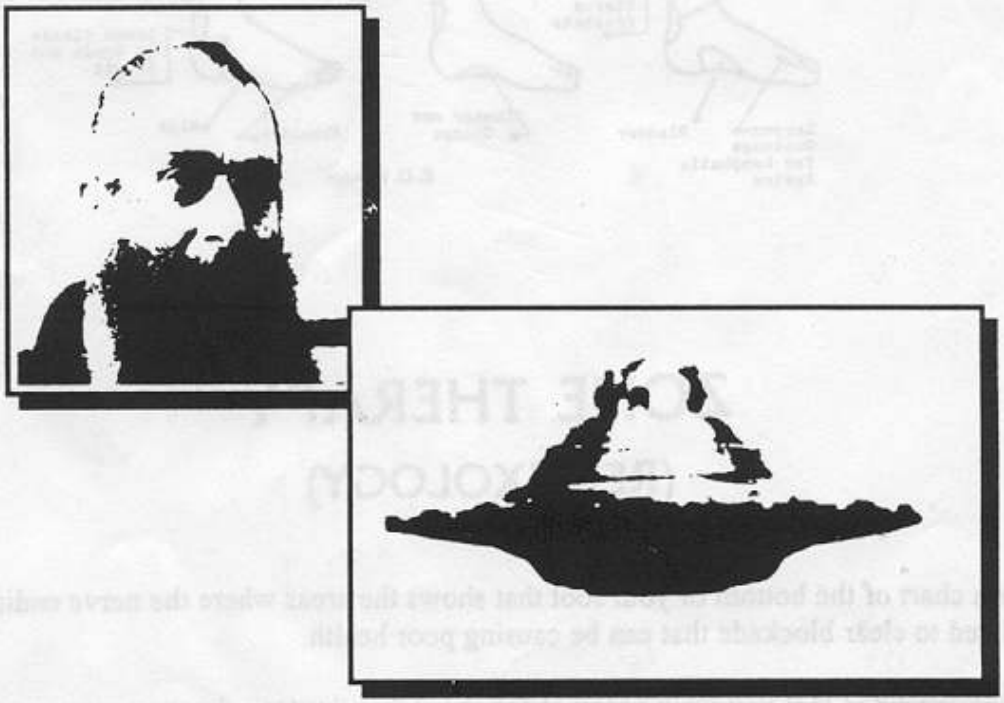
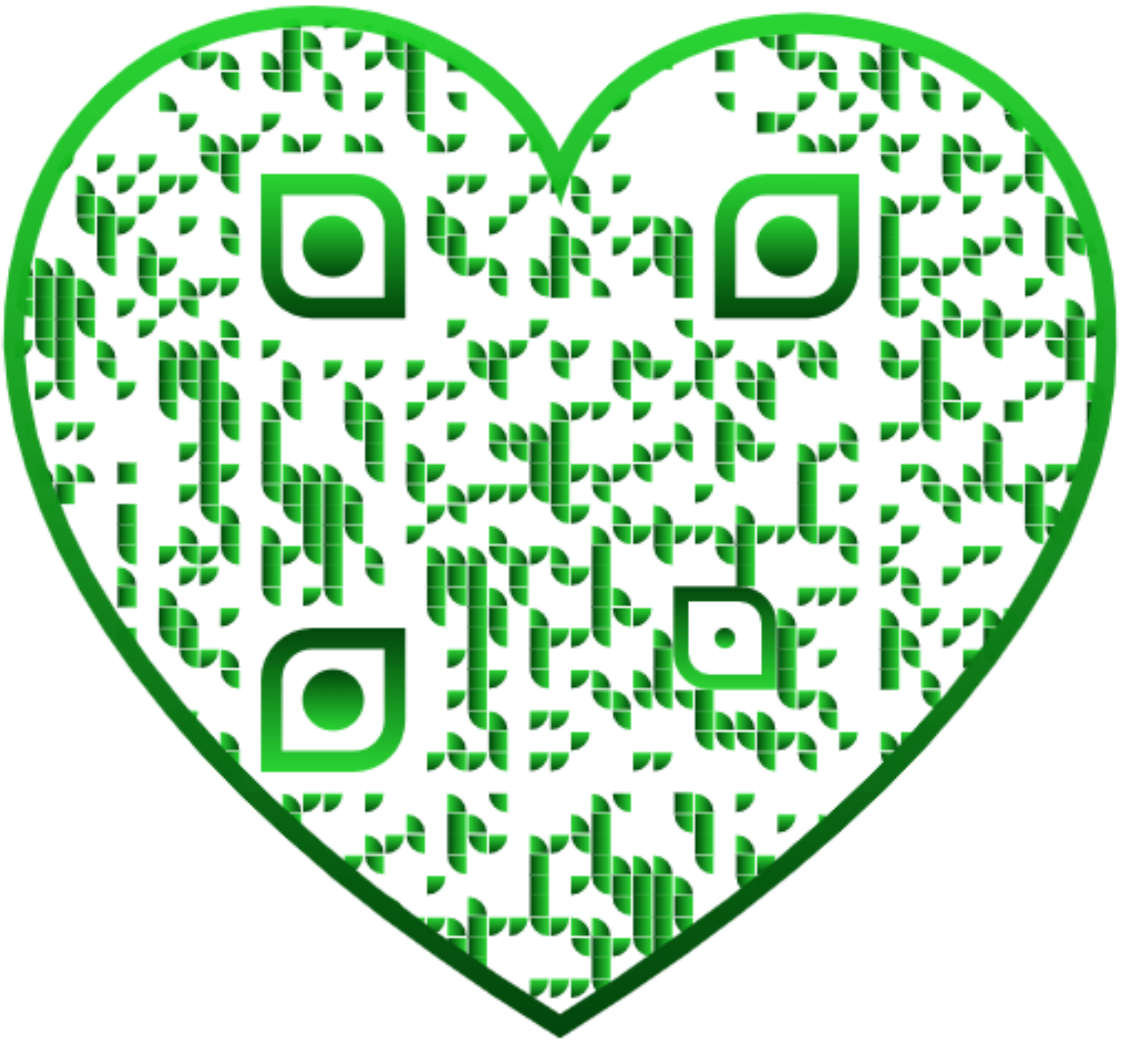
The Billy Meier Contacts



Written by Randolph Winters © 1992

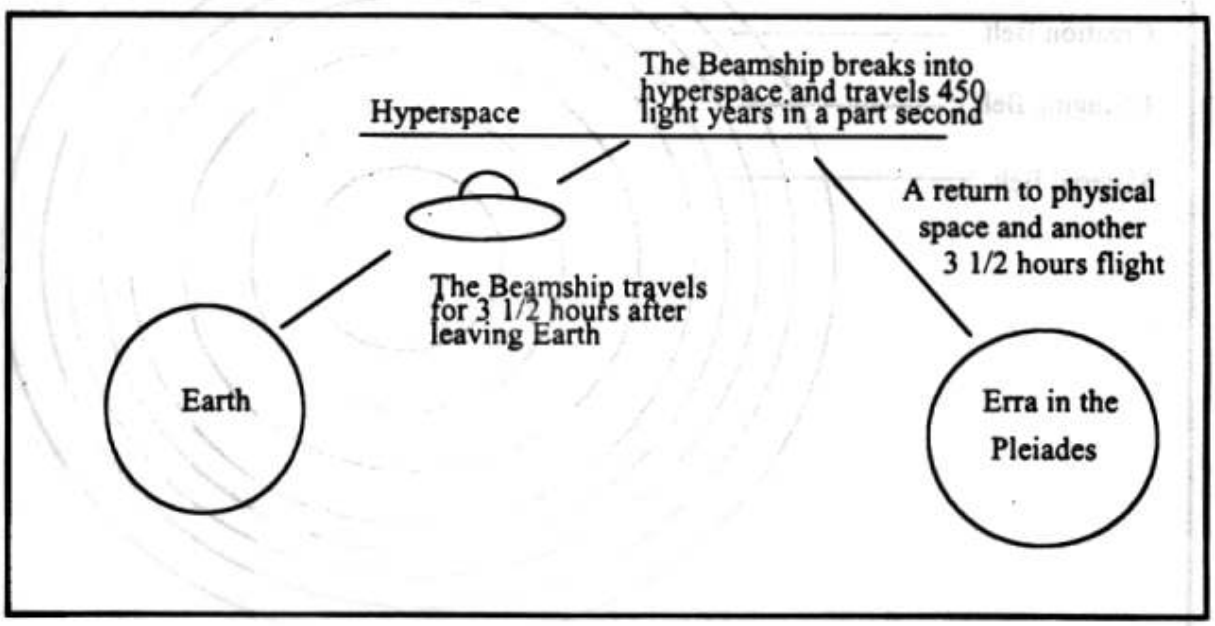


Beamship Travel

Billy Meier was visited by Human beings from a cluster of stars called the Pleiades. The craft they came in were called Beamships. This name came from the idea that the Beamship used a drive system based on light which created energy. This kind of craft was an older design and was not being manufactured anymore.

The Beamships had 2 drive systems. One for below light speed in the physical world and one for faster then light travel based on a "tachyon" drive system which could break into "hyperspace" and move outside of Time. This system actually converted the ship to particles which traveled faster then light which allowed the Pleiadians to travel great distances in a very short time. For instance the distance from the Pleiades to Earth was over 450 light years and only required a time of 7 hours flight time.

Pleiadian science had figured out that the Beamships needed to be 153 million kilometers distance from a planet or sun before making the transition into "hyperspace" so that the orbit of the planets was not disturbed. It took approximately 3 to 3 1/2 hours to travel outside of a solar system, then the jump into "hyperspace" which would carry them the 450 light years to their own system where the Beamship would rematerialize back into the physical world and then take another 3 1/2 hours to fly into the Pleiades system. The jump through "hyperspace" was almost instantaneous and would not show on your watch as any passage of time.

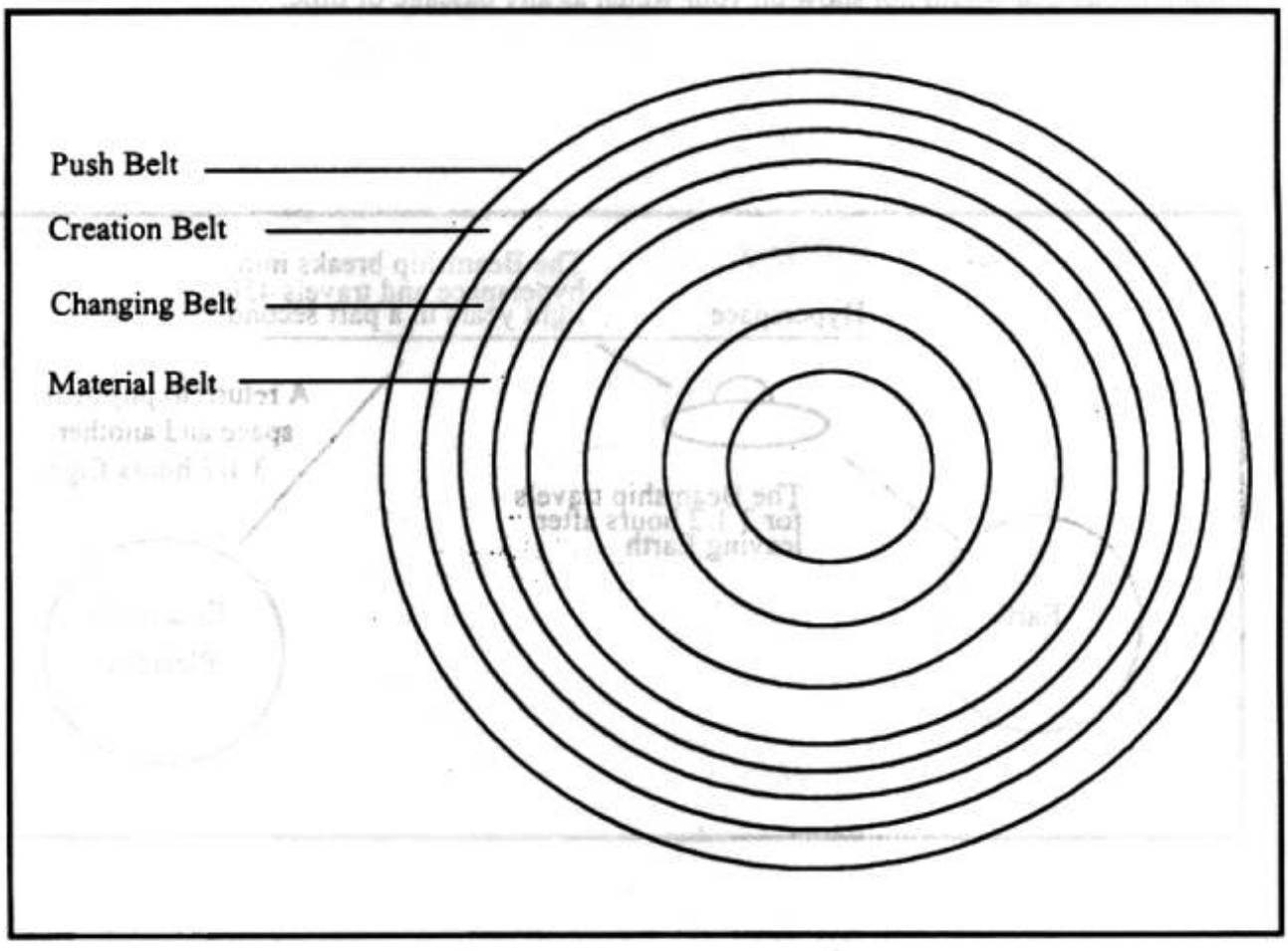

The Beamship breaks into hyperspace and travels 450 light years in a part second
Hyperspace
A return to physical space and another 3 1/2 hours flight
The Beamship travels for 3 1/2 hours after leaving Earth
Earth
Erra in the Pleiades

The Creation

In the beginning the Creation had the idea to create a Universe. The idea was a very small form of energy that was just a thought. It was small as a flea and contained energy moving in a spiral form as show here.

The Universe then expanded and established the area where it would begin to grow and evolve. It then continued to evolve and grow over trillions of years until it begin to form in bands (belts) of energy with different functions. 7 bands or belts formed. The third belt became the material belt where the physical world where we live is. This is the only belt with material life in it. This belt is also the only belt that has "time". Time is the energy source that causes rotation, pulsation and movement of the material particles that make up the 3rd belt that we live in. Time moves in waves and controls the speed at which all particles of existence move through the Universe. Time is much different in the other belts as it moves much faster. A single second in the timeless belts is equal to millions of years in our material belt.

The Universe itself is shaped like an egg. If you could cut the Universe in half and look inside of it you would see it resembles a tree trunk with the different 7 belts.



The Creation we live in will have a life span of 311,040,000,000,000 years. We are currently in the 47,000,000,000,000 year of its growth. the Universe will continue to expand and evolve until a point where it will pull back into itself and go into a sleep state. It will then awaken again and go through another cycle of expansion and contraction. This cycle will continue 7 times growing in size and length of duration each time. At the end of the cycle of 7 it will evolve into another kind of Universe called an UR Universe. This Universe does not have a material belt in it. It contains only spiritual energy as this kind of Universe creates other Universes like ours. The UR Universe will continue to expand, contract and sleep in the same manner and eventually evolve into a Central Universe, the function of which is not known.

The age of our Universe is calculated since the time of the Original thought of the Creation. The Planet earth that we live on was formed in a gas state 626 billion years ago. It has only been a solid state for around 6 billion years.

Originally in our Galaxy there were around 44,000,000 million planets that evolved like earth which could support life as we know it. All of these planets evolved human life in some form. There are 343 forms of the human shape in our Galaxy according to the Pleiadians.

Many of the original 44,000,000 million planets have evolved into space traveling species and have populated many other planets causing the over all total of planets with life on them to rise to 7,800,000,000. The Pleiadians state that they have come in contact of some type with only 1,800,000 of them.

The basic color races in our Galaxy are, Red, Brown, Blue, White, Black, Green and Yellow. All of which are currently living on earth. There is a blue skin race living underground under France and in the Gobi desert.

Time Travel

Throughout the tapes I make reference to the idea of Time travel. In Billy's notes we read that he often was moved in "time" so that he could see and learn for himself the events of our history. At our current level of knowledge these can almost seem impossible and fantastic.

I would like to venture a couple of ideas given to me that might help explain it a little.

To begin with on the previous pages I have made a couple of drawings. One of the Universe and what it looks like, and one of the spiral of energy that shows how the "waves" of time pass through the material belt of the Universe. Using these 2 drawings let me explain one technique for moving in time.

First lets understand the idea that long ago when the Universe was being formed there was not matter, planets or physical existences in any form. As the belts of the Universe were being formed fluffy matter became gas in the material belt. At a certain point in the development of the Universe "Time" begin as a wave of energy that moved only through the material belt and began the animation of matter. When the "time" wave (pulses of energy) started in the material belt, that was the beginning of rotation, pulsation and movement of the fluffy matter. At that point "time" began.

The idea is that "time" started long before there were planets, suns, etc.. Long before we even had gas in the Universe. Think of it as the clock of the Universe started ticking many trillions of years ago. Now have a look at the "spiral" again and imagine that the "waves" of time made all matter move in the shape of the spiral within the material belt. Now you have an idea how the Universe moves.

Time is an energy force which moves in waves of pulses and controls the speed of all particles in the material belt of the Universe. This is an important statement so think about it carefully. All matter in the material belt is in motion. It is moving through the spiral shape in the drawing.

Now consider this. If you look at your arm for a second, what do you see. You just see the skin of your arm because that's all your eyes are capable of, right. Now lets get a magnifying glass and look closer. Now we can see things that our eyes don't normally see. Now lets scrape our skin a little and put it on a glass slide and look at it under the microscope. Now we can see the cells of our body that our eyes can't see. Now lets use a super powerful electronic microscope and we can see the molecules of our cells. We also know that the molecules are made up of atoms which contain protons, electrons and neutrons. Once we are at the atom level we notice that matter isn't solid anymore. It has now become an electronic charge of positive, negative and a strange neutral zone which exist in between, sometimes called the zero vector or antimatter zone. Lets just consider here that matter isn't solid at this level, its particles in motion. They are oscillating at a given speed. It is the element of "Time" that controls the speed of the particles as they go "off" and "on". Particles don't set still, but are continually moving and going off and on. The speed at which they go off and on is controlled by the "waves" of time pulses. This is what

stabilized the Universe and gives the illusion that we live in a solid world. If our eyes could see atoms, what would you be looking at? Nothing solid.

Now lets consider that if the Universe appears to us as solid, its because the "time" waves are controlling all the particles of existence so that they go "off" and "on" at a controlled speed so the whole Universe doesn't just fall apart. Everything moves at a controlled speed. But what happens if we interfere with the speed of the particles and cause them to speed up or slow down so they go "Off" and "on" at a different speed then the particles around them. You see all particles have the "wave" of time pulses around them. So lets take an object of somekind, say our new space ship that we just built and lets change the speed of all of the particles of the ship so the particles are no longer controlled by the steady flow of the "time wave". to do this we need to isolate the particles of our ship. Lets create a special device that when turned on projects a field of energy around the ship. The device is so powerful that we can isolate the complete ship in a field of energy and cause the particles of our ship to go "off" and "on" at a slower rate then would normally be if they were being effected by the "waves" of time.

Remember our spiral shape. This is the map or highway that all matter moves along. Within the spiral the solid world that we perceive is moving along in 3 dimensions on this spiral since time started along time ago. Once we isolate the particles of our ship and cause the particles to slow down our ship is going slower then the world around us. Once we slow the particles down enough we appear to be moving back in time along the track of the spiral. If we speed up the particles of our ship we move forward in time by going down the track of the spiral a little faster then the other particles. So we are moving in Time.

You notice in the drawing of the Universe that the material belt, (the 3rd belt in from the outside) is the only belt with material properties in it. All of the other belts are different forms of spiritual energy only and do not contain any matter as we know it. If you had a space ship and have developed a device that could surround the ship in a protective field of energy we can protect it from the Universe and its effects of Mass and Speed so we can safely move at high speeds. Once we can travel at great speeds without danger we can learn to convert the ship into another form of energy that is non-material and program this energy to move outside of the material belt and travel in the Changing belt next to us. Since there is no "time" waves or pulses in this belt we are now traveling outside of time. We can re-enter the material belt at some point and attach ourselves once again to the moving flow of energy that is traveling down this spiral of energy. If we don't re-enter at exactly the same spot we left we have moved in time.

One of the difficult things we will have to learn is that once outside of the material belt and traveling in a non material form, we must be very careful with the speed of our new particles. If we make any change in the speed of our particles we can slip millions of years in time a part second and not be able to get back to our normal time since we will not be able to re-enter the material belt and get back to our normal position on the spiral.

The Pleiadians have of course more sophisticated methods then I have explained. And I must add that I'm not a scientist and may have possibly not explained it very well. But this is how it was explained to me by Billy. If you think about these ideas a little you may well form a new idea of the Universe and how we live in it.

7 Steps of Development of Human Life

The Pleiadians have learned that the Universe that we live in was created out of the original thought of the Creation. The Creation then begin to evolve and think and caused the Universe to exist out of the logic of its thinking.

The Creation goes through ***7 Steps Of Development*** and then evolves into another kind of Universe. The important idea here is that the Creation forms the logic by which all living things develop by. Human development then is based on the logic or "Laws" of the Creation itself.

Following this thinking the Pleiadians have learned that the human being goes through ***7 Steps Of Development*** which corresponds to the way that the Creation is also evolving.

The reason for the physical life is to experience learning through the gathering of information with our senses, and provide wisdom to our spirit. The Spirit does not die, but lives eternally. Wisdom that is added to our Spirit is carried forward into our next life time and is available to us. This is why we all have a different intelligence, aptitude, and why we are all on our own path of evolution as we all need different information at different times to provide for our own evolution.

The 7 Steps of Development are listed here to provide some insight into how our development proceeds from level to level. It takes billions of years for us to work our way through all of these levels. The average earthhuman for instance is around 60 to 80 million years old as a spirit form.

The first 5 levels are physical lifetimes where we gather information mostly with our physical senses, sight, touch, smell, taste and hearing. As we evolve we need our physical senses less and less. Eventually the physical senses no longer can provide us with the things we need to learn and life continues with the spiritual senses being the primary information gatherers. At a certain point the death cycle is no longer needed and we continue as physical beings without the need for a "sleep" period. Thousands of years go by as we become less dense physically and more spiritual. Eventually the physical fades away and we are beings of spiritual energy. After millions of more years we merge together as spirits and becomes spiritual beings in a collective sort of way. Eventually our spirits come together with Creation and we share in the role of wisdom that guides the Universe.

Here are the ***7 Steps Of Development of Human Life*** as given to Billy by the Pleiadians.

1. Primary Life

1) Primary development of the intellect and the spirit.
2) Primary thinking of intellect and spirit.
3) Primary thinking and reasoning
4) Primary exercise of intellect and spiritual force.

5) Primary reasonable actions.
6) Primary thinking caused by development of the will.
7) Beginning awareness of Reasoning to be used in life.

Creatures at this level of development are usually thought of as insane or idiots etc.. whose spirit and intellect but in truth are still not spiritually developed. (These are new spirits who are just learning to experience life with reasoning and intellect).

2. *Reasoned Life*

1) Primary development of reason
2) Effective realization of reasoning and its use.
3) Primary acknowledgement and cognition of higher influences.
4) Belief of higher influences without specific knowledge of it.
5) Belief in higher forces. Superstition, fear from evil, veneration of good etc.. germinating time for religions etc.
6) Primary recognition of the real reality. Research position of the knowledgeable development, first spiritual cognitions and their use. Spiritual curing, telepathy etc..

This is considered by the Pleiadians to be the present position of the average earth human being.

7) Primary development of knowledge and wisdom.

3. *Intellectual Life*

1) High development of the intellect. High technologies, second utilization of spiritual forces. Primary creation of living forms.
2) Realization and exercise of knowledge, truth and wisdom. Slow break up of acceptances of belief.

This is considered to be the present position of educated earthhuman beings, scientist etc..

3) First utilization of knowledge and wisdom.
4) Acknowledgement and utilization of natures laws. Generation of hyper technologies. Second creation of living forms.
5) Natural exercise of wisdom and knowledge in cognition of spiritual forces.
6) Life in knowing about wisdom, truth and logic.
7) Primary cognition (knowledge) of the reality as an absolute

Present position of some few border and spiritual scientists.

4. ***Real Life***

1) Clear knowing about the reality as an absolute
2) Cognition of spiritual knowledge and spiritual wisdom.
3) Utilization of the spiritual knowledge and spiritual wisdom
4) Cognition of the reality of Creation and her laws.
5) Living from the Creational laws (logic). Purification of the spirit and the intellect. Cognition of the true obligation and force of the spirit. Complete brake down of acceptances of belief.
6) Aimed and controlled utilization of spiritual forces.
7) Creation of first life creatures.

5. ***Creational Life***

1) Creating and control of living forms.
2) Construction of machines like living creatures (android types)
3) Spiritual development of forces for control of material and organic forms of life.
4) Will conditioned mastering of life and all its forms and sorts.
5) Position of recognitions. Reminiscences to earlier lives etc.
6) King of Wisdom (Ishwish or IHWH)
7) Cognition of spiritual peace, of the Universal love and the Creational harmony.

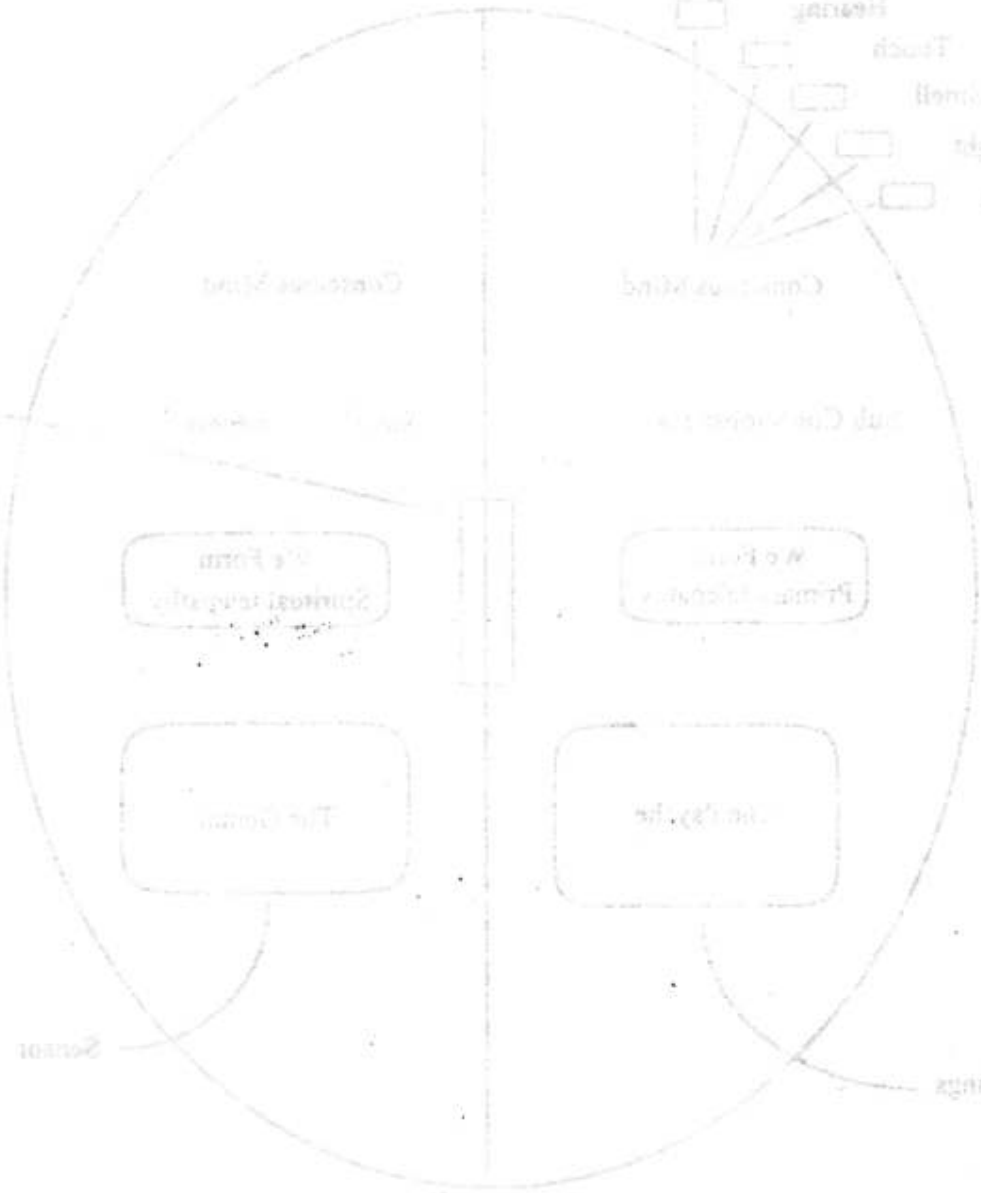
6. ***Spiritual Life***

1) Acknowledgement and realization of the spiritual peace, the Universal Love and Creational harmony.
2) Living in pure spiritual forms.
3) Spiritual creations.
4) Disembodiment of the spirit from organic matter (You no longer need the death cycle)
5) First spiritual existence.
6) Final spiritual existence.
7) Pass over into Creation

7. ***Creations Life***

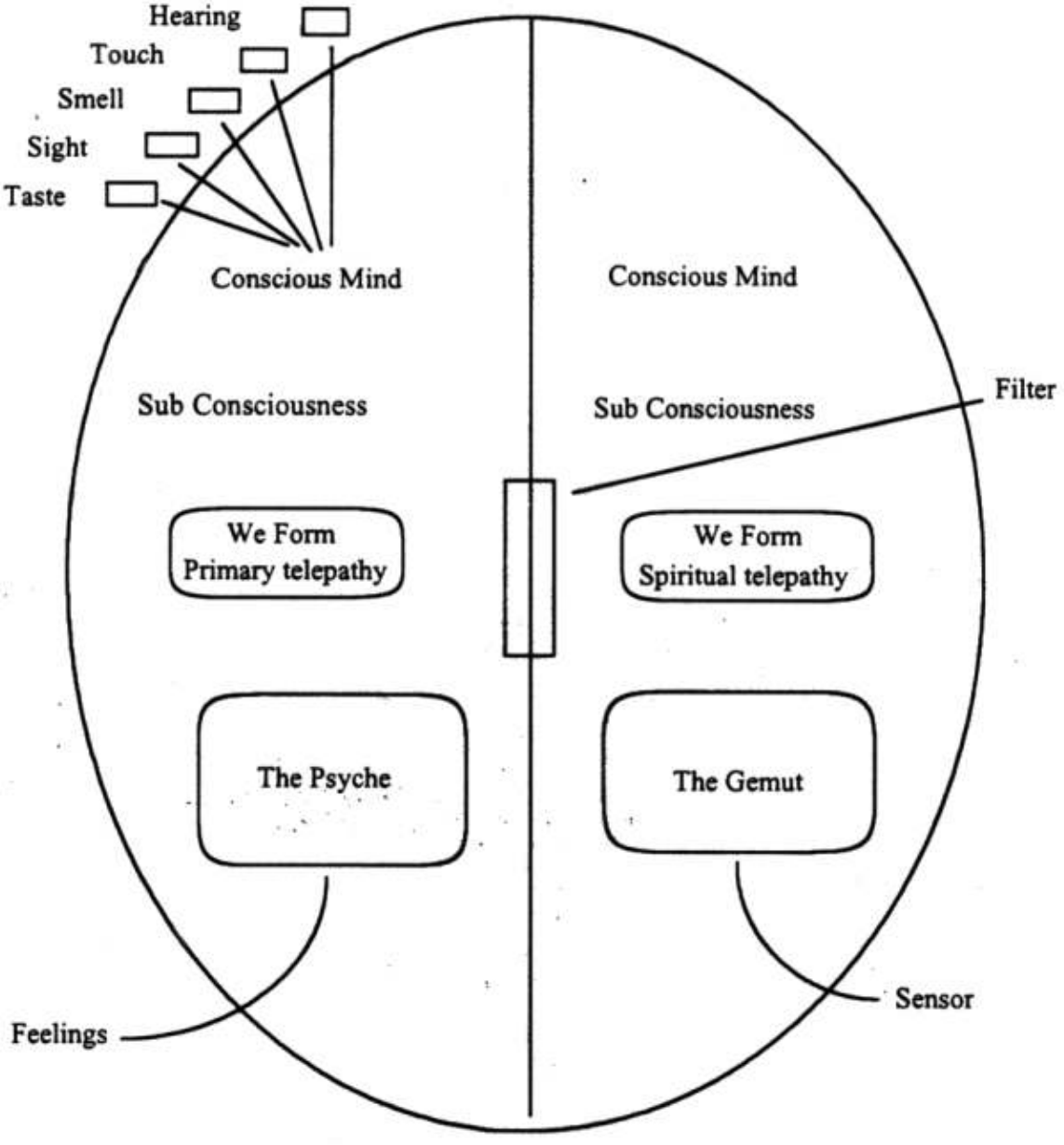
1) Twilight sleep over seven periods.
2) Awakening and beginning of creating in the Creation as Creation, during seven periods/eternities.
3) Creating of living forms.
4) Creating of new spirits as an improvement of the Creation.
5) Creating of spiritual greatness in the Creation.
6) Improvement of the Creation in the Creation.
7) Last reaching of highest improvement in the seventh period/eternity.

The Creation goes through 7 steps of awakening and sleep. The Creation will create a Universe that last for 311,040,000,000,000 years before it once again goes into a sleep period. This Creational awake - sleep cycle sets the logic for all life forms in the Universe which must follow the same laws of existence. During the twilight sleep of the Creation all life and the whole Universe stops to exist. After the sleep state is over, the Creation begins to awake and start a new cycle of life. During the twilight sleep there is no space or time, there is only nothing but the thought of the Creation While there is no creative thought in existence, so there also is no force, no time and no space, there is only duration in nameless nothing.



Material Life Spirit Form

The 5 Senses for gathering information



The Lords Prayer

"My Spirit"

This is the original Lords Prayer as written by Jmmanuel, wrongly called Jesus Christ. The original meaning was as a mediation to help us get in touch with, and develop our own spirit. It was meant as an inward meditation to build awareness and self reliance, not as an outward prayer to give up your power and be dependent on an outside force or influence.

The words of the prayer (meditation) have been changed ver the years so that the individual without knowing it is programing his subconscious to give his power away instead of developing his own spiritual awareness. Here is the original Lords Prayer which was not a prayer but a meditation called "My Spirit".

My Spirit, you are omnipotent

Your name is Holy.

May your Kingdom be incarnate in me.

May your power reveal itself within me.

On Earth & in the Heavens.

Give me today my daily bread and

thus let me recognize my sins and

I shall recognize the Truth.

Do not lead me into temptation and confusion,

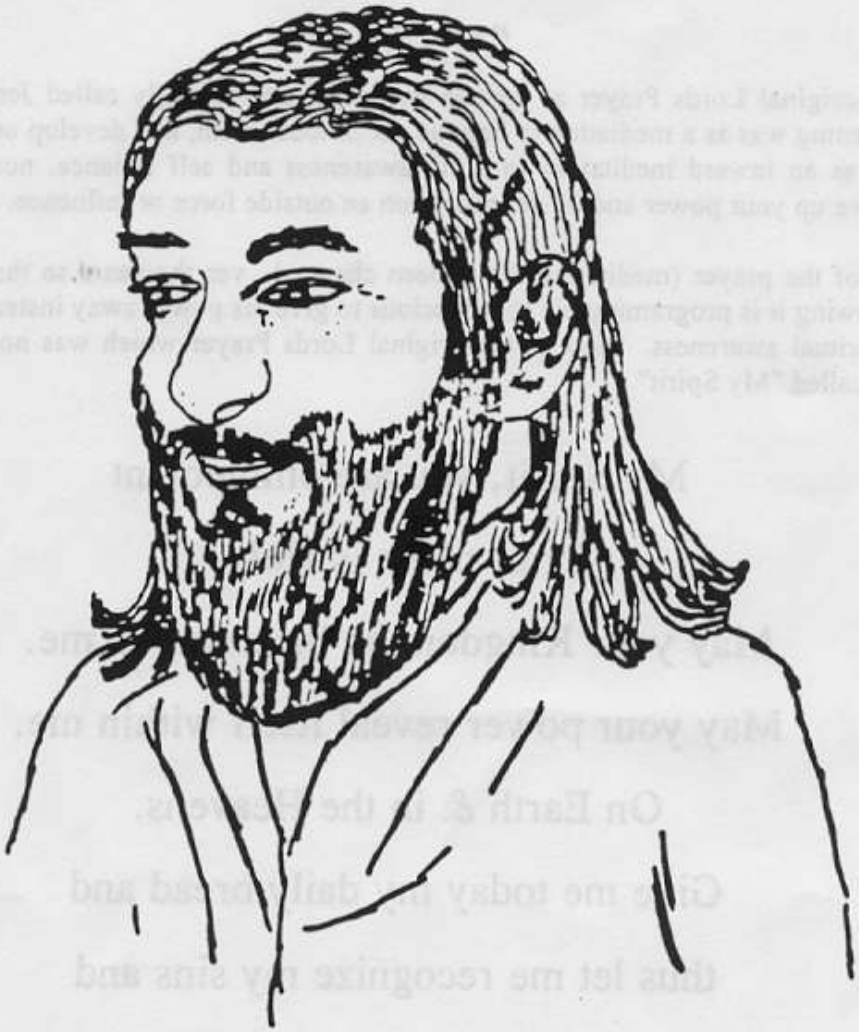
But deliver me from error.

For yours in the Kingdom within me and

The Power and Knowledge forever.

Amen. (I agree)

Jmmanuel (Jesus Christ)



The drawing is of Jmmanuel, known as Jesus Christ, during the time of his travels in Jerusalem just before the crucifixion. The drawing was made by Semjase, the Pleiadian cosmonaut who Billy had so many contacts with. Billy ask her to draw a likeness of Jmmanuel so we could all see what he actually looked like. He says the "Shroud of Turin" is not real, and that the image seen in it is not Jmmanuel and so is confusing to people.

I was also informed by Billy that Jmmanuel was about 5' 11" tall, and weighs about 170 to 180 pounds. He had large hands like a farmer and was rather stocky in build. Not at all like the thin blond image we are used to. He was born with the name of Jmmanuel, never in his life time was he known as Jesus Christ. This was done in the year 186 when Christianity was reformed and his name was changed from Jmmanuel to Jesus Christ by the church. There actually never was a man named Jesus Christ. The story of Jesus Christ is all based on the life and teachings of Jmmanuel who does not get the proper credit.

THE TEN BIDS

(COMMANDMENTS)

The following script was transmitted to Eduard Billy Meier between the dates of Ocotber 14th, 1975 and the 17th of November, 1975 in eleven parts. This transmission was made possible by a highly developed spirit form which no longer existed in the physical form but as an I-WE-UNIT which consist of many spiritforms. The transmission was directed to Billy Meier, who because of his abilities of telepathy of the spiritual kind was able to receive the transmission and write them down. No other earth human has the capability like Billy does as he is the oldest and highest evolved being currently living on earth. This arrangement for the transmission of the 10 Commandments (bids) was arranged by the Pleiadians in an effort to re-establish the truth about the Love and Laws of Creation which have for so long been misunderstood on this planet. Here then are the 10 bids exactly as they were transmitted to Billy.

1) You ought have no other authority and no Gods, Idols and Saints besides the Creation.

2) You ought keep the name of the Creation Holy and not misuse it.

3) You ought make every day a holiday and keep it Holy.

4) You ought not be in violation to your bond with the Creation.

5) Honor the Creation the same as you honor, revere and love father and mother.

6) You ought not kill in degeneration.

7) You ought not be depriving and esxpropriating.

8) You ought not bear false witness against the truth, the Creation and the life.

9) You ought never ever speak an untruth.

10) You ought not desire with greediness material treasures and the possessions of your neighbors.

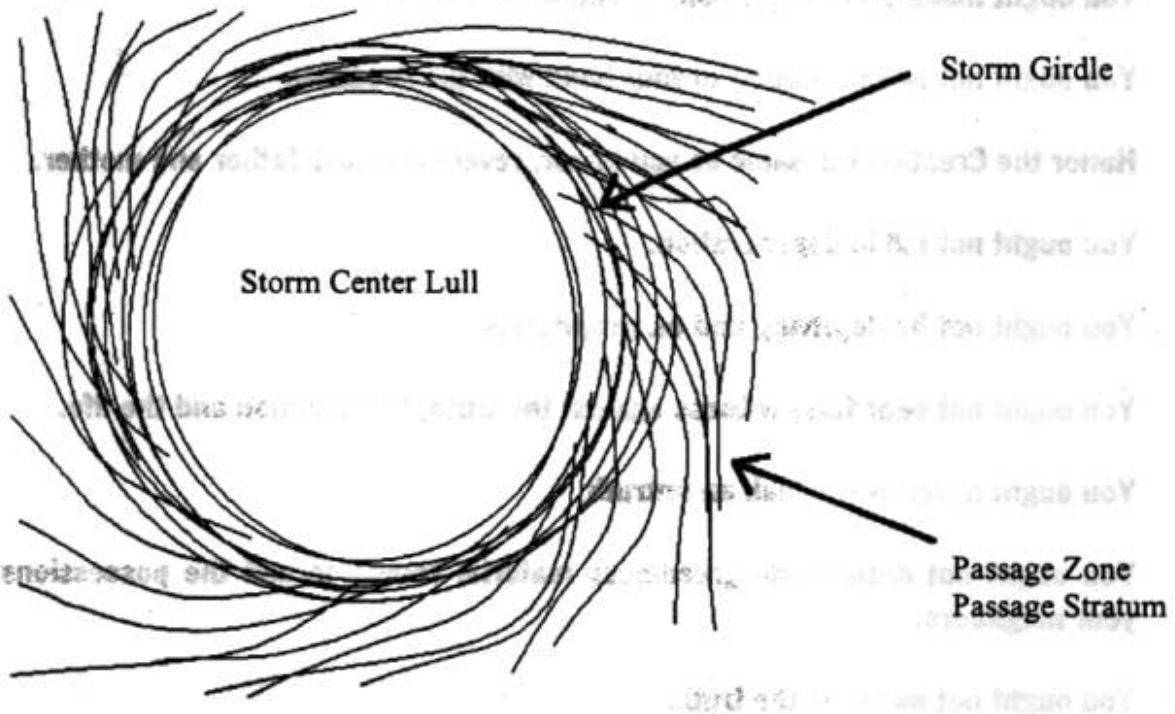
You ought not swear at the truth.

Never ever place the Creations's bids and the Creation's laws into unworthy cults.

The Dimension Door of the Bermuda Triangle

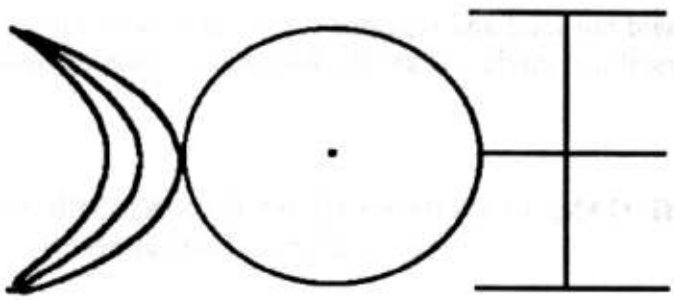
In response to a question about the strange dissappearances in the Bermuda Triangle Semjase explained to Billy that the occurences were caused by 2 Giant suns whose radiations happened to come in contacts with one another on earth. The radiations, which take 720 years to reach earth, are in a 3 prong form and consequently effect 3 different locations on earth, the bermuda triangle, a location off the coast of Japan and another place close to Madagascar. This unusual effect causes a temporary opening of a dimension door into another dimension which only last for a short time and has caused the dissappearance of ships and planes. In some cases it has caused the ocean floor itself to rise up quickly and catch passing ships and pull them down. The effect no longer exist since earth has no moved out of the path of the radiations. There is not relationship between the dissappearances of the ships and planes with any religians, aliens or evil creatures of any type.

Here is the drawing of the dimensions door which is explained on the tape set.



The Symbol of Erra

Billy had asked Semjase to draw the symbol of the planet Erra, however she told Billy to try and figure out the interpretation on his own. Here is my drawing of the symbol with a short explanation by Billy.



The Middle : This should be the symbol for Spirit, exactly corresponding to the symbol for our sun. On Erra this could mean moving straight towards a cosmic center as in the actual contents of life for the individual around which all things straighten themselves.

The Left Side: This appears as a moon shaped figure, yet it is different then the soul symbol of earth. It also reminds Billy of an oscillation by its repeat, by which on Erra would be the imagination of the "soul" now essentially different to ours. This could mean the reflector which takes up sensations and radiations, focuses them and reflects them, or elaborates them insides of oneself.

The Right Side: Here Billy follows a line of thinking that this reminds him of a dipole as used in an electronic calculator, or the northern and southern polarity of the elements of iron, or the + and - of a forcefield.

Semjases explanation was that our symbols for the stars trace back to our forefathers the Lyrians who manufactured them according to the values of oscillation and radiation of the single stars. In other words, the symbols were created according to the level of evolution of the planets, thus each single sign shows the position of the evolution or the level of evolution of the according planet.

The Meditation of the Pleiades

Their is a meditation that is practiced by Billy and the members of the FIGU which is also practiced by the people of Erra at the same time to put force of concentration into the meaning. As the Pleiadians mean to help us through love and understanding they have offered this little meditation to all of us as a means of adding our will to the great consciousness of the Universe. If you would like to practice this meditation you may do so on your own. If you want to be saying this meditation at the same time that it is done in Schmidruti and on the Planet Erra, then please write to Billy and ask for the time schedule.

The phrase is said out loud and repeated for about 5 to 10 minutes. If you do this with friends then place yourself in a circle and say the following phrase out loud.

SAALOME GAM NAAN BEN UURDA GAN NJJBER ASAALA HESPOROONA
(njjber is pronounced as neeber)

Pronounce the A's and O's very strongly.

This phrase means "PEACE IN WISDOM TO THE PEOPLE OF EARTH AND ALL CREATURES OF THE CREATION".

THE BOOKS of Billy Meier

Born Eduard Albert Meier, in Bulach Switzerland in the year 1937, "Billy", as he later became called, lived with his parents in this small village which was surrounded by the hysteria of Hitler's call to arms. As the world was going crazy with anger and hostility, a young "Billy" had been caused to be born with the hope that through this spirit some peace may find its way into this savage world. His spirit, procreated by a race of human beings from the star system known as The Pleiades, is the oldest and most evolved on our planet. It was no accident that "Billy" was brought into the world at this time. A race who now lives in peace, The Pleiadians wisely surveyed the problems our world is facing and chose to help us, their younger brothers and sisters through common ancestry, by providing us with the knowledge and wisdom they have gained through the ages. In order for their message to be understood, and to be passed on in a truthful manner, untainted by the cloud of ego, power and greed that most men live by, they choose "Billy" to perceive their words and to pass them on to us. Since June 2nd of 1942 "Billy" has been in contact with many different extraterrestrials who have helped, guided and taught him in many different areas of knowledge. Most importantly they have awakened the insightful knowledge stored within "Billys" spirit and allowed him to perceive our world with the clarity and logic that is necessary for the spiritual growth our world needs.

The following list of books are all written by Billy and represent thousands of pages of insightful knowledge on a variety of different subjects, all important to the growth of our world. These books are all available in the German language spoken by Billy. Many of these books are currently being translated into English in the hope they will be available for sale soon. The book list is presented here with the descriptions provided by Billy for your edification. A treasure of knowledge, peace and enlightenment are in store for you. We are happy to be able to offer these books to you for your pleasure and growth.

These books are written in German. They are not available in English at the moment.

TITLE **DESCRIPTION** **PRICE**

AN OPENING WORD German only. 20.00
The truth about the formation, the purpose and the meaning of religions-Revelation of their influence on human life.

ARAHAT ATHERSATA 25.00
Messages to terrestrial mankind from a highly developed spiritual being which explain circumstances of acts concerning human behavior towards religion, politics, science, etc.

BIOTOPE 5.00
Designs, lay out and plans on how to build Biotopes. (Outside garden patios).

BOOK OF NAMES 60.00
6360 interplanetary names in their original form and their meaning. (Received and taken down by Billy).

DIRECTIVES 18.00
Guidelines, rules of behavior to work out, achieving and keeping one's psychological, physical and conscious purity and health; worked out within the bounds of the laws and commandments concerning the hygienic care of the body, psyche, mind and consciousness which are part of the doctrine of the spirit, which have to be followed.

DECALOGUE 15.00
The TEN COMMANDMENTS in their original form, including another two commandments which have so far been kept from mankind.

INDEX OF PHOTOS 15.00
Description of all the photographs up to # 1009 with indication of time an date of the pictures. Revised and completed second edition.

LIFE and DEATH 25.00
About the continuation of the spirit inhabiting of the human being after the death of the physical body in the other world and about the life of a human being as it is and everything which is connected with it in the inner and outer sphere.

THE LAW OF LOVE 15.00
It deals with love as the basis of every existence. The logic of love, its definition and its meaning in human life.

THE MEDITATION 15.00
Introduction into the true Meditation, its application and its efficiency in the human life.

THE OM The book of books. 125.00
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UFO'S 3.00
Space ships from other planets. (Little brochure, short informations about UFOs and Billy's experiences.

If you would like to order any of these books first write and get the current price as the prices may vary. You should then send Swiss francs which you can get at the bank. Don't sent checks in American currency.

Write to:

Semjase Silver Star Center
CH 8499
Hinterschmidruti, ZH
Switzerland

If you write in German then your letter will be answered faster.

A Visit to the Semjase Silver Star Center

Since 1975 when Eduard "Billy Meier began his contacts with the extra terrestrials from the star system known as the Pleiades, people from all over the world have been inspired to meet an visit with him. Just to locate Billy isn't easy, since he lives in a small remote area about an hour outside of Zurich Switzerland. His home is a rural farm where he lives and works with his friends, a group called the F.I.G.U., which is a German Acronym for "Free Community of Interests in the Border and Spiritual Sciences and UFO Studies". In the 70's Billy's home was visited by thousands of people from all over the world. Billy and his family tried to be good hosts to all visitors, but that's not easy to do, and as the years went by a natural desire for some privacy and peace of mind have led Billy to restrict visitors. A lot of time must be spent taking care of the farm, as well as the work that goes on in respect to his writings. It is still possible to visit his farm, which is called The Semjase Silver Star Center, but it is necessary to write for permission to visit and to observe the fact that this is Billy's home and to respect his privacy.

If you are interested in visiting the "Center", you may write to Billy showing your interest and why you would like to visit. Try to remember they do not have time for everyone, but are always interested in making new friends with those who come with love and understanding.

If you write, try to make your letters in German if you can, and do not expect a quick reply, as they receive a lot of letters and only have so much time to answer. You must also bear in mind that they speak German. Billy speaks a little English as well as some of the others, but do not expect a lot of long conversations.

There are no guest facilities at the "center", so you must make arrangements in nearby Wila, where there is a hotel. There is however a guest house close to the center where you can expect bed and breakfast for about $12 a day. This is a very rustic and old roadside house with very pleasant people running it, but who speak no English.

Billy has built a guest patio in front of the house for greeting people. There you may look through his photo books, sign his guest book and ask questions. Usually Billy's wife, Kalliope will greet visitors and help you with the books and flyers. Do not expect to meet Billy as it has been some years since he greets guests.

The following list of "House Rules" were written by Billy for those who wish to visit, and provide an understanding for visitors to adapt to the way of life at the center.

If you wish to stay at the local roadside guest house ("Freihof") for a few days, you can ask for permission to work at the farm, where there is usually always something to do in the garden or the fields. Once you arrive at the center and have visited the guest patio, if you wish to offer your services, ask if you can help out around the center. You will usually be ask to come back in the morning around 9:00 a.m. and meet Silvano at the guest patio. Silvano is in charge of daily chores around the center. He speaks some English and is a real charming man.
Here then are the House rules:

HOUSE RULES

When you are visiting the Semjase Silver Star Center please adhere to the following house rules. If you have already visited the center before then these rules will be familiar to you.

1. If you are willing to lend a hand around the farm, do not be shy. Let us know since we need all of the help we can get.

2. When you work at the center and help out with the work, you do this of your own free will and on your own accord and understand that there is no compensation.

3. We are not in the position to compensate your efforts with money, natural goods, foods or beverages, because of the ever higher rising costs of living and the Government laws. The farm does not provide us with enough money to live on. You can stay in the local guest house for about $12 American dollars per day. This will be for room and board.

4. While visiting the Semjase Silver Star Center you are expected to be self sufficient as far as food and drink. These things may be obtained from the guest house. If is forbidden by Swiss law to pay visitors or guests any compensation for his or her work at the center, unless you are not a member of the family or relative of the F.I.G.U.. According to the law we are not a guest house or hotel.

5. If you are carrying your own food from a backpack, it is forbidden for you to prepare meals in the kitchen of the center. Government regulations for the prevention of water pollution and the executive council of the Canton of Zurich don't allow this, because this can cause more water pollution.

For long term and short term visitors who are not members of the family, relatives or FIGU members who are living outside of the center, invited guests or other special guests, the following is valid:

"Room and board is always to be found outside of the Center, in the "Freihof" (guest house) in Schmidruti, or in any other suitable guesthouse, if there is no self catering from ones backpack in the Center area.

There are no rooms at the center for eating and drinking. So, if you are self catering it must be outside in the open air someplace, such as the garden patio, or the resting place in the nature preserve.

6. The mobile trailers at the Center are not to be used for eating, drinking or sleeping over night. The is restricted by Governmental law except in those cases where permission is obtained from the Government for member of the family and FIGU members. If you wish to camp out or use the barbecue facilities this is allowed from time to time. This means that each person is only allowed 1 holiday per year (in case of divided holidays, 2 times per year). Longer stays, by Governmental regulations, must be in a guesthouse or hotel.
We are not a HOLIDAY RESORT

Each member of the group, living in the Center are doing the daily chores in the Center along with the daily work for themselves and the Center, and to maintain the mission in life and to build it further.

BYSTANDERS are not permitted in the Center !

8. Long term and short term visitors who are loitering and who do not wish to help out around the Center cannot be tolerated. It is also strictly forbidden to give access to the Center buildings and premises. Visitors who are loitering are asked to leave the Center area as soon as possible.

9. Please pay attention to the following most important rule:
Billy is not to be approached by visitors unless explicitly invited by him. If Billy is sitting on his porch or just walking around the farm, he should be left alone in peace, since he either has a problem to solve, or is contemplating about the work of his and of all Center dwellers mission, or he just wants some time to himself.

Although visitors are always cordially welcome, if you do not observe this rule, we will have to ask you to leave the Center immediately.

10. If you would like to offer your help with the work around the farm for some days or even weeks, then the Center dwellers will enjoy and appreciate this. We cannot offer you money or food and board, which is stated under sections 2 - 4.

We recommend you ask for room and board at the guesthouse, "FREIHOF", in Schmidruti, where you can eat, drink and sleep at very reasonable rates.

11. Special visiting hours can be arranged only for such visitor, which are coming from abroad more the 1000 km (about 800 miles), calculated from the Center. For instance: Lubeck, Kiel, Flensburg, London, Rennes, Nates, Gerona, Sardinien, Rome, Split, Budapest, Ostrava, Breslau, Berlin, Amsterdam, USA, Australia, Africa, Asia, such as Japan.

12. Trespassing on Center buildings and premises, like the kitchen, bathroom, shower and restrooms etc. is strictly forbidden for persons who don't live in the Center, this is only for members of the family, relatives, or out of the Center living members of the FIGU, invited guests or other dignified guests.

13. Restrooms, bathrooms, shower and kitchen areas cannot be used under any circumstances. Look to item 5, second part.

14. The following Center group members will help out visitors in various capacities.
During the week days the following members help out:

Kalliope and Eva	Purchase of books and writings.
Kalliope	Magazine subscription.
Eva	Subscriptions of Spiritual lessons and I.D.
Silvano	Allocation of work around the Center in accordance with Jakobus.

Eva Stand in for Silvano.

15. The dwellers of the Semjase Silver Star Center are very concerned about keeping order on the Center premises, as well as the roads and paths and to protect nature in every aspect.

EVERY VISITOR TO THE SEMJASE SILVER STAR CENTER IS ASKED TO PAY ATTENTION TO THE FOLLOWING ITEMS PLEASE.

Keep order in every way.
Do not pick the flowers and plants.
Please do not litter.
Do not climb over the fences and hedges.
Do not mistreat or scare animals.
Do not light fires in the grass or the forest of the Semjase Silver Star Center, except on the given place near the biotope.
Theft and vandalism of any kind will be reported to the police.
From 8:00 p.m., (9:00 p.m. in summer), visitors are not allowed to stay on the Center grounds. Guests and working visitors are not allowed to be on the Center grounds after midnight, if the Night Watchman are not informed.
If you see trash on the ground, please pick it up and throw it away.
Use only paths and roads if you take a walk.
It is not allowed for visitors to walk behind the houses. Pedestrians should keep to the approach road at all times, do not stay beyond the parking lot.
The Semjase Silver Star Center is protected at night by attack dogs, therefore it is recommended not to set foot on the grounds without asking permission. The Center assumes no liability for those attacked by the guard dogs at night.
The sitting place (porch) in front of the house is not reserved for visitors, only for dwellers and members of the group. Violators will be asked to leave. If you wish to visit the Center it is suggested to write a letter announcing your intentions and length of stay. You will be answered and informed of the schedule of those at the Center. They will try to accommodate you with English speaking hosts.

Please write to :

Billy Meier
The Semjase Silver Star Center
CH 8499
Schmidruti, ZH
Switzerland

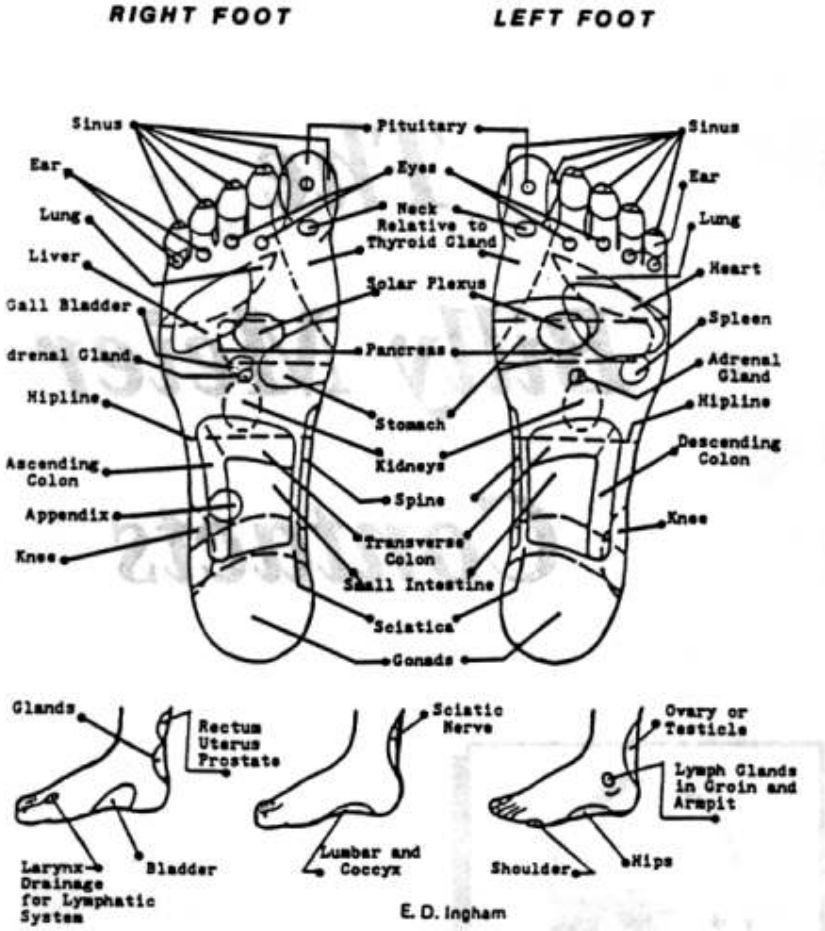
You may also visit the Swiss FIGU website at (www.figu.org) for additional information or the official US approved website at (www.billymeier.com).

Reflexology

This is a chart of the bottom of your foot that shows the areas where the nerve endings can be stimulated to clear blockade that can be causing poor health.

It is recommended that you walk barefoot for about 30 minutes a day on grassy uneven ground to stimulate the bottom of your feet. If this isn't possible then try to either get a foot massage or use some sort of indoor walking machine which could help. Wear thin soled shoes which allow you to feel the ground as you walk, like moccasins or thin soled loafers.

Reflexology



ZONE THERAPY

(REFLEXOLOGY)

This is a chart of the bottom of your foot that shows the areas where the nerve endings can be stimulated to clear blockade that can be causing poor health.

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